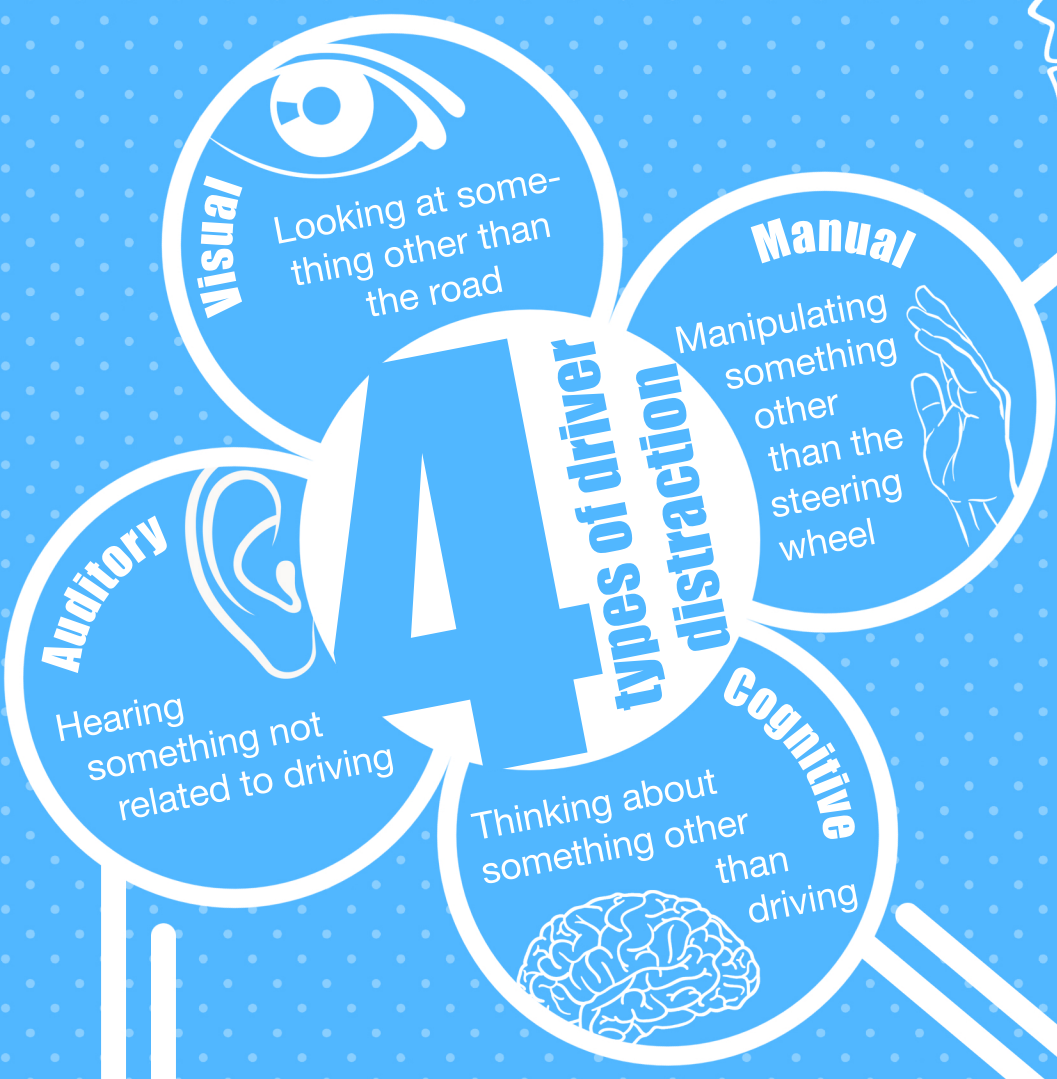


# DISTRACTED DRIVING

No matter how long you have had your license, how good of a driver you are, or how safe the roads are, we are all susceptible to driving while distracted. Review statistics and evaluate examples of distracted driving in order to focus on how to improve your safety on the road.

**94%** of all car crashes are caused by **driver error**



Using a cell phone while driving creates enormous potential for deaths and injuries on US roads. In 2018 alone, 2,841 people were killed in motor vehicle crashes involving distracted drivers.

In 2016, cell phones accounted for 15% of distracted driving crashes in Utah.



**7%** of drivers use cell phones at any moment

**8** people in the US are killed in distracted driving crashes daily

**2016 Utah Distracted Driving Stats**

- 5,728 distracted driving crashes resulting in 3,303 injuries and 27 deaths
- 54% of distracted driving crashes were rear-end crashes
- 9% of all crashes involved a distracted driver

Many crashes involve cell phones, including hands-free functions, which include:



## The Multitasking Myth

Whether adjusting mirrors, changing music, eating, or making calls — do it before or after driving.

